

NEED HELP? CALL 2-1-1

24/7/365 ——— TRANSLATION FOR 150+ LANGUAGES

GET CONNECTED.



Aging | Disability



Childcare

Housing



Employment



Food



Immigration



Legal



Utilities



Mental Health

Health Care



Substance Use



Taxes

GET HELP.





LISTEN



IDENTIFY NEEDS



LOCATE RESOURCES

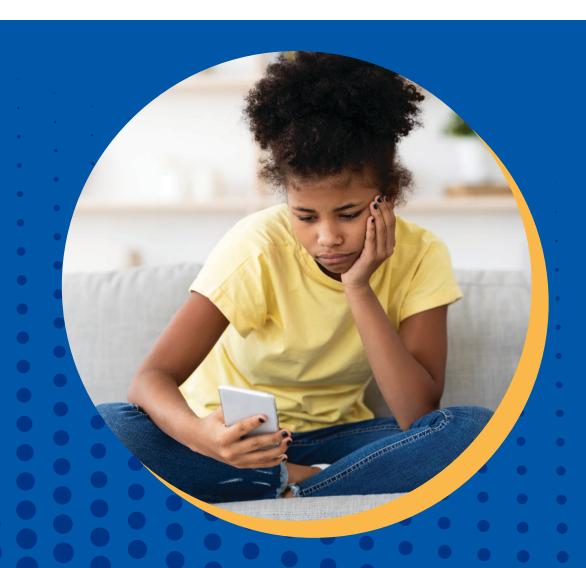


FOLLOW-UP CALL

WE ALL HAVE MENTAL HEALTH

Sign up for MDYoungMinds, text messages for teens and adolescents.

Text MDYoungMinds to 898-211



PROUD PARTNERS









SCAN TO SEARCH FOR RESOURCES